



Call to talk to a registered nurse **1-888-4ASSIST** (1-888-427-7478), Monday–Friday, 9:00 AM–8:00 PM ET

## APPROVED USE

Nplate® is a prescription medicine used to treat low blood platelet counts (thrombocytopenia) in adults with immune thrombocytopenia (ITP) when certain medicines or surgery to remove your spleen have not worked well enough.

Nplate® is not for use in people with a precancerous condition called myelodysplastic syndrome (MDS), or low platelet count caused by any condition other than immune thrombocytopenia (ITP). Nplate® is only used if your low platelet count and medical condition increase your risk of bleeding. Nplate® is used to try to keep your platelet count about 50,000 per microliter in order to lower the risk for bleeding. Nplate® is not used to make your platelet count normal. It is not known if Nplate® works or if it is safe in people under the age of 1.

### 1. Please fill out your personal information.

Today's date \_\_\_\_\_ My name \_\_\_\_\_

My doctor's name \_\_\_\_\_ My most recent platelet count \_\_\_\_\_

### 2. Bleeding symptom(s) I have recently experienced

*Please check all that apply.*

- |   |   |                               |
|---|---|-------------------------------|
| <input type="checkbox"/> Bruising (purpura)   | <input type="checkbox"/> Mouth blisters/vbleeds | <input type="checkbox"/> None |
| <input type="checkbox"/> Bloody nose  | <input type="checkbox"/> Other _____            |                               |
| <input type="checkbox"/> Heavy period   | _____   |                               |
| <input type="checkbox"/> Tiny red dots on the skin caused by broken blood vessels (petechiae) | _____   |                               |

### 3. Some important things that my doctor should know about me

*Please check all that apply.*

- |  |  |
|--|--|
| <input type="checkbox"/> I have had surgery to remove my spleen (splenectomy).                                     | <input type="checkbox"/> I am pregnant, or I am thinking about or planning to become pregnant.             |
| <input type="checkbox"/> I have a bone marrow problem, including a blood cancer or myelodysplastic syndrome (MDS). | <input type="checkbox"/> I am breastfeeding or I am planning to breastfeed.                                |
| <input type="checkbox"/> I have had a blood clot.  | <input type="checkbox"/> I have been diagnosed with ITP. (If yes, go to <b>4</b> , if no, go to <b>5</b> ) |
| <input type="checkbox"/> I have had bleeding problems (specify).   |  |

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about Nplate®?

Nplate® can cause serious side effects, including:

- **Worsening of a precancerous blood condition to a blood cancer (leukemia):** Nplate® is not for use in people with a precancerous condition called myelodysplastic syndromes (MDS), or for any condition other than immune thrombocytopenia (ITP). If you have MDS and receive Nplate®, your MDS condition may worsen and become an acute leukemia. If MDS worsens to become acute leukemia you may die sooner from the acute leukemia.

Please see additional Important Safety Information on page 5.

Please see **Prescribing Information and Medication Guide** on [Nplate.com](http://Nplate.com) for more information about Nplate®.

#### 4. My recent ITP treatment history

##### My recent ITP treatment history

How long have you been diagnosed with ITP? \_\_\_\_\_

I am currently not taking any treatment for my ITP.

Please check all that apply, indicating whether it is your previous or current treatment.

##### Surgery

Splenectomy (removal of spleen)

##### Previous treatment

##### Planned treatment

##### Medication given by injection or infusion

Rho(D) Immune Globulin (anti-D antibody)

##### Previous treatment

##### Current treatment

Cyclophosphamide\*

Intravenous immune globulin (IVIG)

Rituxan® (rituximab)\*

Nplate® (romiplostim)

Vincristine\*

##### Oral medication (taken by mouth)

##### Previous treatment

##### Current treatment

Oral corticosteroid (for example, prednisone, prednisolone, dexamethasone)

Imuran® (azathioprine)\*

Danazol (danocrine)\*

Aczone® (dapson)\*

CellCept® (mycophenolate mofetil)\*

Promacta® (eltrombopag)\*

##### Other

##### Previous treatment

##### Current treatment

For example, reiki, acupuncture, macrobiotics, chlorophyll, vitamin C

\*Not FDA-approved for the treatment of ITP.

Rituxan® is a registered trademark of Genentech Inc.

Nplate® is a registered trademark of Amgen Inc.

Promacta® is a registered trademark of GlaxoSmithKline.

#### IMPORTANT SAFETY INFORMATION

- **Higher risk for blood clots:**

- You may have a higher risk of getting a blood clot if your platelet count becomes high during treatment with Nplate®. You may have severe complications or die from some forms of blood clots, such as clots that spread to the lungs or that cause heart attacks or strokes.
- If you have a chronic liver disease, you may get blood clots in the veins of your liver. This may affect your liver function.

Please see additional Important Safety Information on page 5.

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### 5. My current overall health status

*Please check all that apply.*

- Diagnosed health conditions (eg, ITP, diabetes, high blood pressure)  
List conditions: \_\_\_\_\_
- Other medications I am taking (prescription and OTC)  
List medications: \_\_\_\_\_
- Vitamins, supplements, and herbal products I am taking  
List products: \_\_\_\_\_

### 6. Changes since my last reported health status

*Please check all that apply.*

- Pregnancy
- Newly diagnosed conditions  
List conditions: \_\_\_\_\_
- New symptoms  
List symptoms: \_\_\_\_\_
- New medications or supplements  
List medications or supplements: \_\_\_\_\_

### 7. My upcoming health-related events

*Please check all that apply.*

- Surgery  
List type of surgical procedure: \_\_\_\_\_
- Dental work  
List type of procedure: \_\_\_\_\_
- New medications or physical therapy  
List medications or type of physical therapy: \_\_\_\_\_

**8. Regular activities I enjoy** (health conditions permitting)

*Please check all that apply.*

- |   |                                       |  |
|---|---------------------------------------|--|
| <input type="checkbox"/> Volleyball       | <input type="checkbox"/> Golf         | <input type="checkbox"/> Traveling           |
| <input type="checkbox"/> Going out to eat | <input type="checkbox"/> Bowling      | <input type="checkbox"/> Going to the movies |
| <input type="checkbox"/> Soccer           | <input type="checkbox"/> Cycling      | <input type="checkbox"/> Horseback riding    |
| <input type="checkbox"/> Camping          | <input type="checkbox"/> Jogging      | <input type="checkbox"/> Other _____         |
| <input type="checkbox"/> Walking          | <input type="checkbox"/> Hiking       | _____  |
| <input type="checkbox"/> Working out      | <input type="checkbox"/> Reading      | _____  |
| <input type="checkbox"/> Swimming         | <input type="checkbox"/> Entertaining | <input type="checkbox"/> None                |

**Notes**

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## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about Nplate®?

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- **Higher risk for blood clots:**
  - You may have a higher risk of getting a blood clot if your platelet count becomes high during treatment with Nplate®. You may have severe complications or die from some forms of blood clots, such as clots that spread to the lungs or that cause heart attacks or strokes.
  - If you have a chronic liver disease, you may get blood clots in the veins of your liver. This may affect your liver function.
- **What are the possible side effects of Nplate®?**
  - Nplate® may cause serious side effects. See **“What is the most important information I should know about Nplate®?”**
  - The most common side effects of Nplate® in adults include:

- headache	- stomach (abdomen) pain	- vomiting
- joint pain	- shoulder pain	- diarrhea
- dizziness	- indigestion	- upper respiratory tract infection
- trouble sleeping	- tingling or numbness in hands and feet	- cough
- muscle tenderness or weakness	- bronchitis	- nausea
- pain in arms and legs	- inflammation of the sinuses (sinusitis)	- pain in mouth and throat (oropharyngeal pain)
- People who take Nplate® may have an increased risk of developing new or worsening changes in the bone marrow called “increased reticulin.” These changes may improve if you stop taking Nplate®. Your healthcare provider may need to check your bone marrow for this problem during treatment with Nplate®.
- These are not all the possible side effects of Nplate®. Tell your healthcare provider if you have any side effect that bothers you or that does not go away. For more information, ask your healthcare provider or pharmacist.
- If you have any questions about this information, be sure to discuss with your doctor. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.
- **How will I receive Nplate®?**

Nplate® is given as an injection under the skin (subcutaneous) one time each week by your healthcare provider. Your healthcare provider will check your platelet count every week and change your dose of Nplate® as needed. This will continue until your healthcare provider decides that your dose of Nplate® can stay the same. After that, you will need to get blood tests every month. When you stop receiving Nplate®, you will need blood tests for at least 2 weeks to check if your platelet count drops too low.

Please see [Prescribing Information and Medication Guide](#) for more information about Nplate® on [Nplate.com](http://Nplate.com).