

For children with immune thrombocytopenia (ITP)*

HAVE YOU GOT THE PLATELETS?

STEP UP YOUR GAME WITH NPLATE®



*Children 1 year of age and older with ITP for at least 6 months.

APPROVED USE: Nplate® is a prescription medicine used to treat low blood platelet counts (thrombocytopenia) in children 1 year of age and older with ITP for at least 6 months when certain medicines or surgery to remove your spleen have not worked well enough.

Nplate® is not for use in people with a precancerous condition called myelodysplastic syndrome (MDS), or low platelet count caused by any condition other than immune thrombocytopenia (ITP). Nplate® is only used if the patient's low platelet count and medical condition increase their risk of bleeding. Nplate® is used to try to keep the patient's platelet count about 50,000 per microliter in order to lower the risk for bleeding. Nplate® is not used to make the patient's platelet count normal. It is not known if Nplate® works or if it is safe in people under the age of 1.

Please see Important Safety Information on pages 18-19.

**Nplate**[®]
romiplostim_{injection}

FACING ITP TOGETHER

When a child is diagnosed with immune thrombocytopenia (ITP), parents do everything they can to manage this rare disease. Your child may have tried other treatments, like steroids, and experienced mixed results. If you or your child has felt disappointed with treatments so far, you may be looking for more stability.

Once-weekly Nplate[®] (romiplostim) has been proven to boost and sustain platelet counts to lower the risk of bleeding, so there may be one less thing to keep your child from doing what they love.

LEARN ABOUT THE ONCE-WEEKLY TREATMENT OPTION

- Why managing platelets is important
- How Nplate[®] may help
- What to expect with Nplate[®] treatment
- How Nplate[®] is given

IMPORTANT SAFETY INFORMATION

Nplate[®] can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with myelodysplastic syndromes (MDS); higher risk for blood clots.

Please see additional Important Safety Information on pages 18–19.

This brochure offers information about ITP and Nplate[®]. It is not intended to provide medical advice. Be sure to talk to the doctor if you have any questions.

JUST FOR KIDS!

We wrote some messages with you in mind. Keep a lookout for boxes like these. Can you find them all?





WHAT IS ITP?

ITP is an autoimmune disease that attacks the body's platelets, so there aren't enough platelets in the blood. Platelets help clot blood, which helps to stop bleeding. When a platelet count is low, bruising and bleeding may occur. Doctors don't know why some people get ITP, and it's not preventable.

A normal platelet count is between 150,000 and 450,000 platelets per microliter. ITP is usually diagnosed when platelet levels drop below 100,000 per microliter.

IT'S OK TO FEEL CONFUSED

You might not have heard of ITP until recently and may be confused about what's going on in your body. Don't be shy—your healthcare team is there to help you and answer your questions.



MANAGING ITP IS A TEAM EFFORT

When your child is diagnosed with ITP, the doctor may recommend a “watch and wait” approach. This means carefully monitoring ITP to see if it goes away on its own, and may include limiting some activities that could cause injuries.

Treatment with immunoglobulins or steroids is another possible first step after ITP diagnosis. Because of their side effects, steroids are generally not meant to be taken for a long time.

After that, your doctor may prescribe a platelet booster, a treatment proven to increase platelet counts to reduce the risk of bleeding and bruising.

You'll work with your doctor to set a goal for your child's platelet counts.

DON'T HOLD BACK

What do you want from an ITP treatment? Tell your parents and doctor. Having all the details will help them figure out the best way to take on your ITP as a team.



WHAT IS NPLATE®, AND HOW DOES IT WORK?



Nplate® works by increasing the activity of the cells that naturally produce platelets.

Normally, the body uses a protein called thrombopoietin, or TPO, to tell its bone marrow cells to make platelets. Nplate® mimics this protein, so cells make more platelets.

Nplate® has been proven to boost and sustain platelets at a stable level above 50,000 per microliter. Your doctor will prescribe Nplate® for as long as you need it.

When choosing a treatment for your child, experience matters. **Nplate® is a trusted medication.** In the past 10 years, it's helped over 70,000 adults worldwide with chronic ITP.

GAME ON

Nplate® works by increasing your platelet counts to lower the risk of bleeding, so there may be one less thing to keep you from doing what you love.



IMPORTANT SAFETY INFORMATION

Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS; higher risk for blood clots.

Please see additional Important Safety Information on pages 18–19.





HOW DOES NPLATE® HELP?



The effectiveness and safety of Nplate® in children with ITP have been studied in several medical studies.

The studies looked at:

- How pediatric patients responded to Nplate® compared with a placebo
- The long-term safety profile of Nplate® in pediatric patients

7 out of 10 patients were able to raise their platelet counts to 50,000 platelets per microliter or higher.

Remember that raising platelets above 50,000 per microliter helps reduce the risk of bleeding. Reaching this milestone may be important to protect your child. Nplate® may help them get there.

Talk to the doctor about treatment goals and what's important to you and your child. **See page 14 for some tips.**

IS THIS RIGHT FOR ME?

How do you know if an ITP medicine works for kids? Medical studies can tell you, and Nplate® was studied in several of them.



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WHAT ARE THE POSSIBLE SIDE EFFECTS OF NPLATE®?



Nplate® may cause serious side effects. See “What is the most important information patients should know about Nplate®?” (pages 18-19).

THE MOST COMMON SIDE EFFECTS OF NPLATE® IN CHILDREN 1 YEAR OF AGE AND OLDER INCLUDE:

- bruising
- upper respiratory tract infection
- pain in mouth and throat (oropharyngeal pain)
- headache

WHAT'S GOING ON?

Keeping track of your platelet counts can help your parents and doctor. Check out the dose and platelet tracker on GotPlatelets.com to get started.



Partner with the doctor to help your family understand the possible side effects of Nplate®. **Your child can help too.** Talk about what to look out for together.



YUM!

HOW IS NPLATE® GIVEN?

Nplate® is given once a week as an injection under the skin by a member of your healthcare team. These weekly visits can help with staying on track to raise and sustain platelet levels.

PERSONALIZED TREATMENT

Doctors can increase or decrease the amount of Nplate® given to find the right dose to keep platelet levels stable.

TRACKING PROGRESS

Platelet counts will be regularly measured to make sure your child is responding to treatment.

PARTNER WITH YOUR HEALTHCARE TEAM

During weekly visits, keep your healthcare team updated about any changes.

WHAT'S IN YOUR BAG?

What can you pack for doctor visits? Stuff to do! Time flies when you have books, games, or music with you.



If your child misses a scheduled dose of Nplate®, make sure to schedule the next dose as soon as possible.

Talk to the doctor about how being consistent with treatment can help lessen your child's bleeding risk.

IMPORTANT SAFETY INFORMATION

Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS; higher risk for blood clots.

Please see additional Important Safety Information on pages 18–19.

WHAT TO EXPECT WHEN TAKING NPLATE®

ITP takes time and effort to manage, but Nplate® can help.

- Nplate® is given once a week, so your child doesn't have to remember to take it every day
- Treatment with Nplate® doesn't involve any dietary restrictions, so your child doesn't have to avoid favorite foods or schedule meals around a pill
- Nplate® has no known drug interactions
- Nplate® may be an appropriate option for anyone who has trouble swallowing pills

Tracking your child's progress while on treatment is important. If your child is old enough, ask him or her to pay attention to any changes in symptoms.

Looking to learn more about ITP or connect with a community? Visit Support and Resources on [GotPlatelets.com](https://www.gotplatelets.com) to find a list of helpful groups.

IMPORTANT SAFETY INFORMATION

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PARTNERING WITH YOUR HEALTHCARE TEAM

With a disease like ITP, it's important to work with your healthcare team. Remember, your healthcare team is more than just your doctor. Nurses, social workers, and child life specialists are there for you too. Here are some tips that can help.

STAY ORGANIZED

Make the most of doctor appointments by bringing your child's recent blood work results, a record of the latest Nplate[®] dose, and any questions you may have.

ENCOURAGE COMMUNICATION

Encourage your child to speak up about any symptoms and talk about how the treatment is working.

BE DETAILED

Be specific about how your child's symptoms affect everyday life. Describe when a symptom occurred, how it felt, and how long it lasted.

GET SPECIFIC!

Let your doctor know how ITP makes it challenging to live your life. For example, say "I missed class because of my nosebleed" instead of "My nosebleeds are annoying."



Our Nplate[®] Dose and Platelet Tracker can help. Visit Support and Resources on [GotPlatelets.com](https://www.gotplatelets.com) to download a copy.

QUESTIONS TO CONSIDER

As you and your child prepare for doctor appointments, you may want to write down your questions.

FOR EXAMPLE:

- Based on my child's ITP history, what are our treatment options?
- Have these treatments been studied in children?
- Are these treatments meant to be used as long as needed?
- Do these treatments require any medication restrictions or changes in diet?
- How many times a week are these treatments given?
- Are there any particular side effects we should look out for?
- What activities can my child do while on this treatment?

Looking for a healthcare provider that has experience with ITP treatment? Visit [GotPlatelets.com](https://www.gotplatelets.com) and use our **ITP Specialist Finder** on the Support and Resources page for a list based on your ZIP code.



SUPPORT SERVICES

If your child has been prescribed Nplate[®], you might have questions about his or her medicine, how it may be covered by insurance, or resources within your community. That's why we created Nplate[®] Navigator – so you have a single place to go to find the support, tools, and resources* most important for you and your child.

MEDICATION ANSWERS

Amgen Nurse Navigators[†] may help you find answers to questions about Nplate[®].

ASSISTANCE FINDING AN ITP SPECIALIST NEAR YOU

Planning to travel or relocate? Call Nplate[®] Navigator to get help finding an ITP specialist near your location.

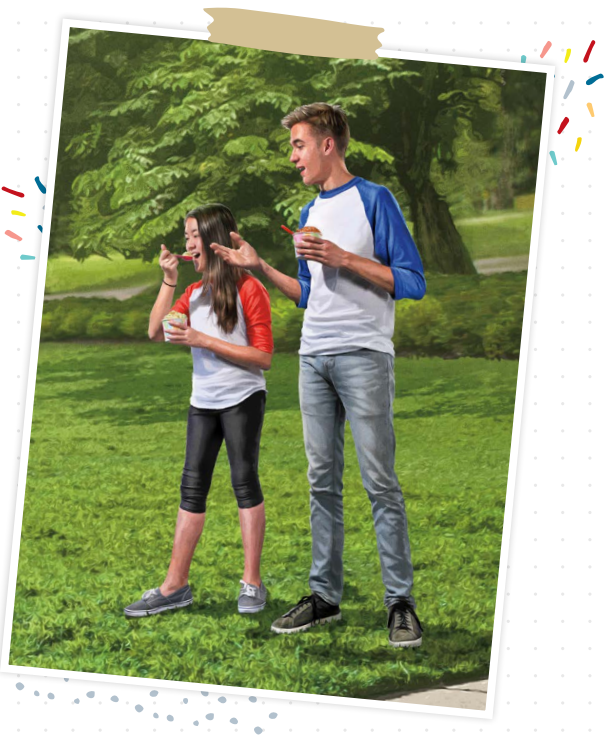
Sign up for more information

Visit Support and Resources on [GotPlatelets.com](https://www.gotplatelets.com) to register for our support program.

*Resources include referrals to independent nonprofit patient assistance programs. Eligibility for resources provided by independent nonprofit patient assistance programs is based on the nonprofits' criteria. Amgen has no control over these programs and provides referrals as a courtesy only.

[†]Amgen Nurse Navigators are only available to patients that are prescribed certain products. Nurses are there to support, not replace, a treatment plan and do not provide medical advice or case management services. Patients should always consult their healthcare provider regarding medical decisions or treatment concerns.





CO-PAY AND REIMBURSEMENT RESOURCES*

Whatever type of insurance your child has – even if he or she has none – Nplate[®] Navigator can help you understand how Nplate[®] medicine may be covered, and refer you to programs that may be able to help you afford it.



Call **1-888-4ASSIST (1-888-427-7478)** to speak to an Amgen Nurse Navigator,
Monday–Friday 9 AM–8 PM ET.

Did you know?

81% of Nplate[®] claims have \$0 out-of-pocket costs for the patient.[†]

*Resources include referrals to independent nonprofit patient assistance programs. Eligibility for resources provided by independent nonprofit patient assistance programs is based on the nonprofits' criteria. Amgen has no control over these programs and provides referrals as a courtesy only.

[†]Among the 19% of Nplate[®] claims where patients had out-of-pocket (OOP) costs, most claims (72%) had an OOP cost of less than \$400. Data based on Symphony Health Solutions claims data. 24,199 Nplate[®] claims were identified between 1/1/2019–12/31/2019 for all payors, including commercial and government.¹

IMPORTANT SAFETY INFORMATION



What is the most important information patients should know about Nplate®?

Nplate® can cause serious side effects, including:

- **Worsening of a precancerous blood condition to a blood cancer (leukemia):** Nplate® is not for use in people with a precancerous condition called myelodysplastic syndromes (MDS), or for any condition other than immune thrombocytopenia (ITP). If a patient has MDS and receives Nplate®, the MDS condition may worsen and become an acute leukemia. If MDS worsens to become acute leukemia the patient may die sooner from the acute leukemia.
- **Higher risk for blood clots:**
 - Patients may have a higher risk of getting a blood clot if their platelet count becomes high during treatment with Nplate®. Patients may have severe complications or die from some forms of blood clots, such as clots that spread to the lungs or that cause heart attacks or strokes.
 - If the patient has chronic liver disease, they may get blood clots in the veins of their liver. This may affect their liver function.
- **What are the possible side effects of Nplate®?**
 - Nplate® may cause serious side effects. See “What is the most important information patients should know about Nplate®?”
 - The most common side effects of Nplate® in children 1 year of age and older include:
 - bruising
 - upper respiratory tract infection
 - pain in mouth and throat (oropharyngeal pain)
 - headache

IMPORTANT SAFETY INFORMATION



- People who take Nplate® may have an increased risk of developing new or worsening changes in the bone marrow called “increased reticulin.” These changes may improve if the patient stops taking Nplate®. The patient’s healthcare provider may need to check their bone marrow for this problem during treatment with Nplate®.
- These are not all the possible side effects of Nplate®. Tell their healthcare provider if the patient has any side effect that bothers them or that does not go away. For more information, ask their healthcare provider or pharmacist.
- If you have any questions about this information, be sure to discuss with the doctor. Patients are encouraged to report negative side effects of prescription drugs to the FDA. Visit <http://www.fda.gov/medwatch> or call 1-800-FDA-1088.

How will the patient receive Nplate®?

Nplate® is given as an injection under the skin (subcutaneous) one time each week by the patient’s healthcare provider. The healthcare provider will check the patient’s platelet count every week and change their dose of Nplate® as needed. This will continue until the healthcare provider decides that the patient’s dose of Nplate® can stay the same. After that, the patient will need to get blood tests every month. When the patient stops receiving Nplate®, they will need blood tests for at least 2 weeks to check if their platelet count drops too low.

Please see [Prescribing Information and Medication Guide](#) for more information about Nplate® on Nplate.com.

LEARN MORE ABOUT NPLATE®, THE ONCE-WEEKLY ITP TREATMENT



[VISIT GOTPLATELETS.COM](http://GOTPLATELETS.COM)

- Watch a video to find out more about how Nplate® works
- Download our Nplate® Dose and Platelet Tracker to keep organized
- If your child has been prescribed Nplate®, get more information by signing up for our support program



See us on **Facebook!**

Please see Important Safety Information on pages 18-19.



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